



## TARADALE Takeaway Menu GENUINE THAI FOOD

### Thai food - the healthy choice!

Tasty & affordable | Low fat & high fibre  
Spicy/not spicy – your choice | No MSG added

Fully Licensed & BYO WINE ONLY  
275 Gloucester St, Taradale Shopping Centre  
Phone: (06) 844 2760 or 021 110 2451  
Please visit: [www.thailotus.co.nz](http://www.thailotus.co.nz)

## Entrees

- 1 Goong Hom Sa-Bai | 10.90**  
Prawns and minced pork wrapped in rice pastry then deep-fried.
- 2 Spring Rolls | 10.90**  
Vermicelli noodles together with shredded cabbage, celery, onion and carrot wrapped in rice pastry then deep-fried.
- 3 Curry Puffs | 10.90**  
Parcels of marinated chicken, potato, onion and yellow curry powder wrapped in savoury pastry then deep-fried.
- 4 Lotus Tofu | 10.90**  
Minced chicken mixed with tofu, floured, then deep-fried.
- 5 Tod Mon Pla | 10.90**  
Cakes of minced fish, egg, chilli paste, green beans and Thai herbs.
- 6 Stuffed Mushrooms | 11.90**  
Mushrooms stuffed with minced pork, carrot and onion, floured, then deep-fried.
- 7 Hoi Gra Tiem | 11.90**  
Mussels topped with garlic sauce and spring onion and stir-fried.
- 8 Gai Satay | 11.90**  
Marinated chicken grilled on wooden skewers, served with the Chefs special peanut sauce.
- 9 Goong Satay | 10.90**  
Marinated prawns grilled on wooden skewers, served with the Chef's special peanut sauce.
- 10 Goong Tod | 10.90**  
Prawns coated with breadcrumbs then deep-fried.
- 12 Mixed Entrees | 11.90**  
Collection of a curry puff, a spring roll, a stuffed mushroom, a fish cake and a prawn sprinkled with breadcrumbs then deep-fried.
- 13 Roti | 6.00**

## Soups

- 13 Tom Yum | GF\* **  
Your choice of meat cooked with lemon grass, kaffir lime leaves, galangal, mushrooms and an optional touch of condensed milk.  
**Chicken, pork or beef 17.50**  
**Prawn, mixed seafood or crispy pork 19.50**
- 14 Tom Kha | GF\***  
Your choice of meat cooked with coconut cream, lemon grass, Kaffir lime leaves, mushrooms, galangal and coriander.  
**Chicken, pork or beef 17.50**  
**Prawn, mixed seafood or crispy pork 19.50**
- 15 Tofu | GF\***  
Traditional Thai soup with minced pork, tofu, vermicelli noodles and vegetables. **17.50**



## Curries

- 16 Duck Red Curry | GF\* **  
Roasted duck cooked in red curry paste with coconut cream, pineapple, tomato, lychees and vegetables.  
Another favourite with Thais. **19.00**
- 17 Green Curry | GF\* **  
Traditional Thai green curry with coconut cream and vegetables.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**
- 18 Red Curry | GF\* **  
Popular red Thai curry with coconut cream and vegetables.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**
- 19 Panang Curry | GF\***  
Thick creamy Panang curry with crushed peanut and vegetables.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**
- 20 Yellow Curry | GF\***  
Yellow curry with coconut cream, potato and onion.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**
- 21 Goong Curry | GF\* **  
Prawns cooked in Thai green curry with young coconut meat and vegetables. **19.00**
- 22 Mussamun Curry | GF\***  
Your choice of meat with potatoes, onion, and cashew nuts.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**

## Stir-Fries

- 23 Ka Proaw Basil **  
Your choice of meat stir-fried with basil leaves and vegetables.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**  
**Duck or lamb 21.00**
- 24 Pad Cashewnut | GF\***  
Your choice of meat stir-fried with cashew nuts and vegetables.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**  
**Scallop 21.00**
- 25 Pad Chilli Paste | GF\***  
Your choice of meat stir-fried with vegetables and chilli paste.  
**Chicken, pork or beef 16.50**  
**Prawn, mixed seafood or crispy pork 19.00**  
**Scallop 21.00**



**26 Pad Ginger | GF\***

Your choice of meat stir-fried with fresh ginger, black mushrooms and vegetables.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**27 Pad Ped**

Your choice of meat stir-fried with red curry paste, bamboo shoots, coconut cream and vegetables.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**28 Pad Pra Ram | GF\***

Your choice of meat, stir-fried with special peanut sauce and vegetables. Very popular.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**29 Sweet & Sour | GF\***

Your choice of meat stir-fried sweet and sour Thai-style with vegetables.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**30 Pad Garlic | GF\***

Your choice of meat, stir-fried with peppers, garlic and vegetables.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

## Fried Rice & Noodles

**31 Khao Pad | GF\***

Thai-style fried rice with egg, vegetables and choice of meat.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**32 Khao Pad Prig | GF\***

Thai-style fried rice with red curry paste, egg, vegetables and your choice of meat.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**33 Pad Thai | GF\***

Your choice of meat, stir-fried with rice noodles, egg, bean sprout, spring onion, tamarind sauce and topped with crushed peanut. Lemon wedge on the side.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**34 Pad See Iew | GF\***

Rice noodles stir-fried with egg, vegetables and your choice of meat.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**35 Pad Khi Mao**

Rice noodles stir-fried with egg, Thai herbs, vegetables and your choice of meat.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**36 Pad Bamee | GF\***

Thai style egg noodles stir-fried with vegetables and your choice of meat.

**Chicken, pork or beef** 16.50  
**Prawn, mixed seafood or crispy pork** 19.00

**37 Khao Pad Supparod | GF\***

Fried rice with pineapple, chicken, prawn, cashew nuts, curry powder and vegetables.

20.50

## Thai Salads

**38 Larb | GF\***

Salad from North East of Thailand. Minced meat salad, flavoured with chilli powder, Thai herbs and lime juice.

**Minced chicken, pork or beef** 17.50

**39 Yum Salad | GF\***

Sliced meat with a green salad dressed with Thai herbs and lime juice.

**Chicken, pork or beef** 17.50  
**Prawn, mixed seafood or crispy pork** 19.50

## Vegetarian

**40 Puk Tod**

Mixed vegetables deep-fried with Tempura flour until golden.

9.50

**41 Red Curry Jay | GF\***

Tofu, vegetables and cashew nuts cooked in Thai red curry with coconut cream.

16.50

**42 Green Curry Jay | GF\***

Tofu, vegetables and cashew nuts cooked in traditional Thai green curry.

16.50

**43 Pad Puk Jay | GF\***

Tofu stir-fried with mixed vegetables and cashew nuts.

16.50

**44 Pad Ram Jay | GF\***

Tofu stir fried with mixed vegetables, cashew nuts and peanut sauce.

16.50

**Jasmine Rice** 3.00

**Coconut Rice** 5.00



## Chef's Specialties

**45 Honey Duck**

27.50

Sliced roast duck breast mixed with steamed seasonal vegetables and topped with chilli paste and honey sauce.

**46 Lamb Gata Fai | GF\***

22.50

Slices of lamb stir-fried with vegetables in the Chef's special sauce.

**47 Lotus Beef**

22.50

Marinated Rump steak deep fried in the Chef's special batter, sliced, then mixed with steamed seasonal vegetables.

**48 Yummy Chicken | GF\***

22.50

Stir fried chicken breast with special curry paste chefs sauce, Thai herbs, whole fresh pepper and vegetables. Topped with cashew nuts.

**49 Sizzling Seafood**

22.50

Sizzling stir-fried mixed seafood with vegetables and Chef's special sauce.

**50 Sizzling Beef**

20.50

Sizzling stir-fried beef with vegetables and Chef's special sauce.

**51 Sizzling Moo Grob | GF\***

20.50

Sizzling crispy pork with thick curry, vegetables and crushed peanut.

**52 Choo Chee | GF\***

22.50

Cooked with red curry paste, coconut cream, Thai herbs and vegetables.

**55 Crispy Duck**

25.90

Roast duck coated in egg, floured, fried and topped off with your choice of "Spicy Basil" or "Garlic Sauce".

**59 Crispy Chicken**

22.50

Chicken breast coated in egg, floured, fried and topped off with a sweet plum sauce.

**TARADALE**

**Restaurant open**

Lunch: Tue-Fri 11.30am - 2pm | Dinner: Tue-Sun 5pm til late

**Takeaway open**

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Mild spice Medium spice Hot

This symbol denotes spicy dishes which are cooked mildly hot.  
Please advise if you want your takeaway more spicy.

*\*GF means this dish can be prepared gluten-free on request.*